

# The Digital Examiner

[www.prostaidcalgary.org](http://www.prostaidcalgary.org)

263 September 2021

**“A man too busy to take care of his health, is like a mechanic too busy to take care of his tools.”** Spanish Proverb

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## To subscribe to The Digital Examiner

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## Next General Meeting:

**Tuesday, September 14, 2021**

**@ 7:30 p.m., via ZOOM**

**“Precision Oncology in Advanced Prostate  
Cancer”**

**Please RSVP to [program.director@prostaid.org](mailto:program.director@prostaid.org)**



### Guest Speaker: Dr. Steven Yip, Medical Oncologist, TBCC & MEYCC

He is a Clinical Assistant Professor of Medicine at the University of Calgary. He received his MD at the University of Alberta and trained at the University of British Columbia and the University of Calgary. He

completed a Genitourinary Prostate Cancer Translational Research and Clinical Fellowship at the Vancouver Cancer Centre, BC Cancer and Vancouver Prostate Centre with Dr. Kim Chi. He has a Masters of Science in Health Research Methodology from McMaster University. He has a keen interest in novel radioligand therapy drug development and translational research in advanced prostate cancer and genitourinary cancers.

### One Key Publication (of 5):

Reimers MA, Yip SM (Co-First Authors), Zhang L, Cieslik M, Dhawan M, Montgomery B, Wyatt AW, Chi KN, Small EJ, Chinnaiyan AM, Alva AS, Feng FY, Chou J. Clinical Outcomes in Cyclin-dependent Kinase 12 Mutant Advanced Prostate Cancer. Eur Urol. 2019. In Press.

## SIDE BAR:

### Of particular note:

- \* Please note that the September General Meeting was to have been in person, however the facility is not yet ready. We will continue with Zoom. We are hopeful that the October meeting will be in person and Zoom.
- \* Volunteers are still needed for Wild Wednesdays until September 29th. If you are willing and able to help out, please contact me.
- \* Volunteers will also be needed December 28 & 29, 2021 for our scheduled Casino. Please let me know as soon as possible if you are available and what position you might be interested in filling.
- \* Work is also moving forward with the Aboriginal Pilot Project. If you are interested in being on the Working Group, please let me know. Meetings will likely be once per month.



## SEPTEMBER IS PROSTATE CANCER

**AWARENESS MONTH. (See Page 2 for a brief history of PROSTAID Calgary)**

Regards,

Dorothy

**Dorothy Rodehutsors  
Program Director  
PROSTAID Calgary**

## History of PROSTAID Calgary:

Historical recounting provided by Bob Shiell (condensed and edited by Dorothy):

In the early years (1999), the group was under the Canadian Cancer Society, who provided some basic services like telephone answering, referrals, mailing out a rather brief notice of upcoming meetings and set guidelines as to what we could say and promote.

**1999 saw the first edition of our own newsletter send out called Pathfinder.**

Later in 1999 our first media campaign launched with the incredible donated talents of the Calgary Media community.

The theme was: “Over 50 man? Talk to your doctor and put the fear behind you”

Exposure was on TV, radio, outdoor bus shelters and newspaper. TV spot even ran nationally on CBC during the Stanley Cup Playoffs.

**2000 saw the name changed to PROSTAID Calgary.** The name is short, easy to remember and combines the letter P from prostate and CA from Calgary, is PCa—abbreviation for prostate cancer.

In 2001 PROSTAID Calgary welcomed the first of many internationally known and respected doctors and researchers to speak at meetings. Some of those early special meetings filled the 300 seat auditorium at Foot-hills.

2002 we separated ourselves from CCS and became an independent group. **Incorporation followed in November 2003.** PROSTAID Calgary could now issue charitable receipts and formalized business practices by holding regular Board meetings with minute taking.

December 2003 saw the debut of the logo. It features stylized mountains representing our proximity to the Rockies, but also forming a PSA numbers chart.

The “Digital Examiner” was introduced as the name of the monthly newsletter in May 2004.

PROSTAID Calgary was a proud member of the Canadian Prostate Cancer Network (CPCN); one of 120 member groups from across Canada. In August 2004, PROSTAID Calgary hosted the 1st Annual CPCN National Conference with 150 attendees. We hosted again in 2006 and 2008. CPCN eventually merged with Prostate Cancer Canada.

**Website became active in February 2005.** Thanks to Rhett Miller then and continues to support the ongoing work today. We also now have our own YouTube Channel where you will find recordings of speakers .

**Milestone came in 2007, with a fundraising event hosted by W. Brett Wilson. PROSTAID Calgary received a donation of \$500K from the ONE NIGHT event.**

PROSTAID Calgary continues today because of a long list of volunteers and supporters. We have a long list of achievements that have helped thousands of men and their families on their journey with prostate cancer.

**SEPTEMBER IS PROSTATE CANCER AWARENESS MONTH**

## Articles of Interest:

### For Newly Diagnosed:

#### PSA, Imaging and Beyond: Keep it Simple

- \* The joint session of the European Association of Urology (EAU) and the Canadian Urological Association at the 2021 EAU annual meeting included a discussion on PSA, Imaging and Beyond for assessing men for prostate biopsy and a presentation by Dr. Nicolas Mottet about keeping the process simple.
- \* July 2021

#### Study reveals effective strategy to extend the benefit of immunotherapy for prostate cancer

- \* It's a scientific riddle tangled up in a complex web. How do you turn an immune cold cancer into one that responds to immunotherapy? Researchers led by the University of Michigan Rogel Cancer Center started with a simple thread: an inhibitor that showed promise against metastatic castration-resistant prostate cancer cells. This is the most challenging type of prostate cancer – advanced disease that has become resistant to hormone-based treatment.
- \* August 2021

### For Everyone:

#### Risk-Adapted Screening with Age and Baseline-PSA: PROBASE Trial

- \* Dr. Christian Arson of Düsseldorf Germany presents on the PROBASE trial, a risk-adapted screening study for prostate cancer based on age and baseline PSA alone. This is a preliminary presentation of early results for an ongoing study.
- \* July 2021

#### Cancer-detecting cyclotron announced for Calgary

- \* The government of Alberta has announced a cyclotron and new radiopharmaceutical facility will be coming to Calgary to improve access to diagnostic tests and treatment for cancer, cardiac and neurological conditions.
- \* July 2021

#### 2021 Canadian Urological Association (CUA)-Canadian Uro Oncology Group (CUOG) castration-resistant prostate cancer (CRPC) guideline: What has changed since 2019?

- \* At the time of publication, apalutamide and enzalutamide had received Health Canada approval and were included in the 2019 guideline. The results of darolutamide studies had just been reported, briefly summarized in the text, but darolutamide not officially recommended for use, given the lack of Health Canada approval at that time. Since then, darolutamide has been approved in Canada and important new data has been published for all three agents, which are now part of the 2021 updated guideline.
- \* February 2021

#### Liquid Biopsy Identifies Prognostic Gene Signature in Metastatic Prostate Cancer

- \* Approximately 5% to 10% of men with metastatic castration-sensitive prostate cancer and castration-resistant prostate cancer who are treated with androgen receptor signaling inhibitors (ARSI) will eventually develop resistance to ARSIs, the study authors wrote.
- \* August 2021

### For Care-givers & families:

#### Cancer Information-seeking in an Age of COVID-19: Findings from the National Cancer Institute's Cancer Information Service

- \* Seeking cancer-related information is recognized as an important, life-saving behavior. When individuals have access to health information that is accurate, trustworthy, understandable, and widely available, they can process and use that information to cope with a threatening health situation, participate in medical decision-making, and engage in behaviors and actions that may help prevent or control the disease. The benefits of seeking information can be observed across the cancer care continuum.
- \* November 2020

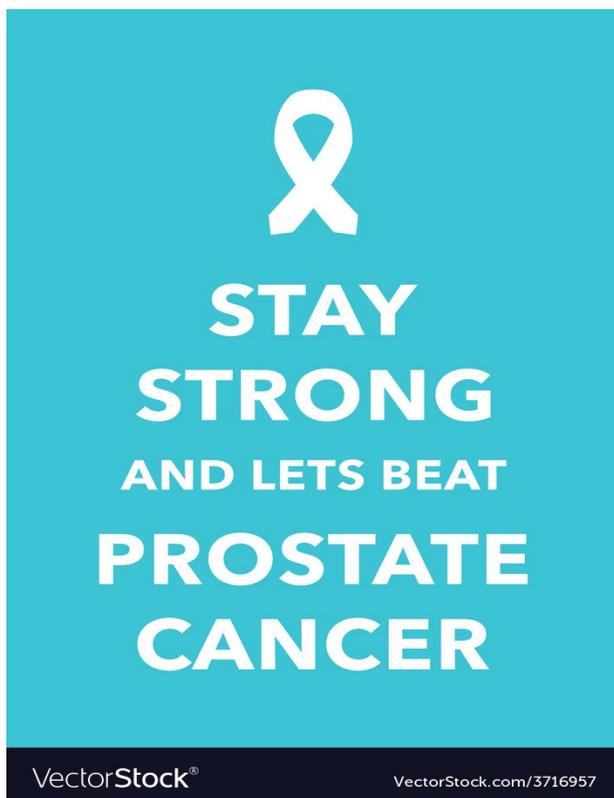
## Videos:

### [Us TOO Genetics and Genomics Webinar](#)

- \* Recorded on July 29, 2021, this is the fifth, and final, webinar in Us TOO's series, "What is Right for Me in My Prostate Cancer Treatment?" This webinar is a discussion on the topic of Genetics and Genomics. Genetics and genomics technology is changing rapidly and there are a growing number of options available to help guide prostate cancer treatment decisions.
- \* July 2021

### [Reducing Misery - Palliative Care for Prostate Cancer](#)

- \* Dr. Filippou graduated magna cum laude in Human Biology and Public Health from the University of California, San Diego and attended the University of California, San Francisco for medical school. Her research during medical school focused on the use of active surveillance in low-risk prostate cancer, as well as the role of simulation in urologic surgical education. She hopes to continue pursuing these research interests during her training at UNC.
- \* December 2020



## New in Our Library

Look for all the new material on the library table at our next in-person meeting.

If you require assistance in locating online resources, please contact us and someone will be happy to help.

### [From our Video Library \(YouTube\):](#)

Recent additions uploaded, our speakers from the last three meetings, in case you missed them:

[May—Dr. Carrie Scarff “Hearing Health in 2021”.](#)

[June—Dr. Rich Baverstock “Erection Implants and Incontinence”.](#)

[August—Julianna Dreger and Mannat Bansal, from UofC Health and Wellness Lab “Exercise, Physical Activity & Living Well”.](#)

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