

The Digital Examiner

www.prostaidcalgary.org

267 January 2022

“A fool thinks himself to be wise, but a wise man knows himself to be a fool.”

William Shakespeare

Connect with us:

Information

Phone: 403-455-1916
info@prostaid.org

Brad Sterling
President

president@prostaid.org

Support Groups

Frank Altin
Warriors

faltin@telusplanet.net

Wives, Partners & Caregivers

info@prostaid.org

Newly Diagnosed

info@prostaid.org

Mailing Address

PROSTAID Calgary Society

PO Box 72126
RPO Glenmore Landing
Calgary, Alberta
T2V 5H9
Phone: 403-455-1916

To subscribe to The Digital Examiner

info@prostaid.org

PROSTAID Calgary is self-funded.

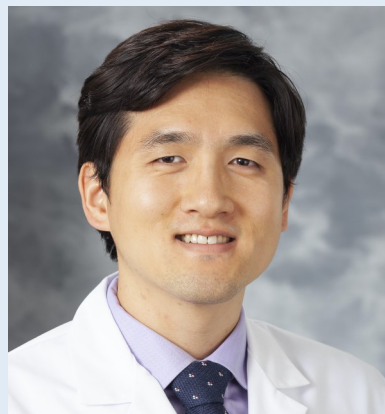
[Click here to help us to continue our good work by donating on-line](#)

Next General Meeting:

Tuesday, January 11th, 2022 @ 7:30 pm via ZOOM

“Real-time MRI guided Prostate Radiotherapy”

Please RSVP to program.director@prostaid.org



Dr. Sangjune Laurence Lee is a Clinical Assistant Professor within the Department of Oncology, Division of Radiation Oncology.

He completed an undergraduate degree in electrical engineering at the University of Waterloo, a masters degree in biomedical engineering at Johns Hopkins University, and a medical degree at the University of Toronto.

He continued his residency training in Toronto and did a fellowship at the University of Wisconsin to gain experience in real-time MRI-guided radiotherapy. He specializes in the management of gastrointestinal and breast malignancies and his research interests include MRI guided radiation therapy, deep learning and cardiac SABR.

SIDE BAR:



Our casino was able to proceed on December 28 & 29th. A very heartfelt THANK YOU to the volunteers who helped us out, despite the FRIGID temperatures.

It looks like our General meetings will continue via Zoom for at least another two months, including our upcoming presentation on January 11, 2022.

Regards,

Dorothy Rodehutsors
Program Director
PROSTAID Calgary Society

****Please note that our January meeting will be TWO guest speakers. Dr. Harvey Quon will be joining from Edmonton. At the time of publication, his bio and photo were not yet available.**

Research Survey:

Sapiens Strategies Inc. is a research firm commissioned to recruit people living in Canada who received a diagnosis for prostate cancer to take part in a 30 minute telephone interview. To be eligible, participants should have a prostate cancer that can be treated by lowering testosterone and has spread outside the prostate.

The survey is about patient's perspectives on various dimensions of potential treatment options. The study is only about your opinion. It aims at understanding patient preferences for the administration features of therapies to treat prostate cancer and potential areas of improvement in the administration of these therapies that can address patients' current unmet needs.

The survey is being conducted by the Duke Clinical Research Institute. The study did obtain an ethic approbation from the Duke University Health System Institutional Review Board (IRB).

Participants will receive a monetary compensation of \$75 in recognition of their participation.

If you are interested in participating, please provide your contact information and answer the following questions using the following link or contact me to discuss it.

<https://www.surveymonkey.com/r/TXJ97JN>



Carole Charland
Sapiens Strategies Inc.
Carole.charland@sapiensstrategies.com
Tel.: 438 399-2333

Upcoming Education Program:

Androgen Deprivation Therapy (ADT) Educational Program

You and your partner or loved one are invited to participate in a FREE interactive online educational class for prostate cancer patients

starting on androgen deprivation therapy (ADT, aka hormone therapy).

Next classes 2022 run:

January 17

Tuesday February 15

March 14

April 14

By participating in the class you will:

(e.g. hot flashes, weight gain, sexual changes, emotional changes)

- Get strategies for helping you succeed in making lifestyle changes (e.g. exercise)
- Hear what to expect from ADT including side effects
- Receive a free copy of the book: Androgen Deprivation Therapy:

An Essential Guide for Prostate Cancer Patients and Their Loved Ones, 2nd Ed.

Classes are offered once per month. Space is limited.

To register for a class, email:
LifeOnADT@gmail.com

For more info: www.LifeOnADT.com

Articles of Interest:

Warriors:

For Newly Diagnosed:

Management of Newly Diagnosed Metastatic Hormone-Sensitive Prostate Cancer: Review of Panel Responses and Discussion

- * In this session, Dr. Bertrand Tombal and Dr. Nick James summarized the panel responses to the consensus questions. This was followed by a discussion on the management of metastatic hormone sensitive prostate cancer (mHSPC) with input from the discussants and the panel.
- * October 2021

Advances in Prostate Brachytherapy

- In an educational session at the American Society for Radiation Oncology (ASTRO) Annual Congress focused on the best treatment for early prostate cancer, Dr. Morton presented on advances in prostate brachytherapy. Dr. Morton began by emphasizing the NCCN clinical guidelines in oncology for prostate cancer recommend brachytherapy and EBRT as both appropriate treatment options for patients with favourable intermediate risk disease.
- * October 2021

November Launches World's Largest Cancer Real World Evidence Network

- * Movember is launching the world's largest prostate cancer and testicular clinical and research network, aimed at improving the overall survival and quality of life for those living with diseases that affect over 1.4 million men worldwide every year.
- * November 2021

Prostate Cancer Treatment Overview: What's Changing - Summit 2021

- * In this video featuring Dr. Alicia Morgans and Dr. Kelvin Moses, you'll gain a better understanding of all available prostate cancer treatment options. Also, you'll hear about updates on clinical trials and what's coming down the treatment pipeline so you can make the best decisions for you and your loved ones with your treatment team.
- * March 2021

Considerations on the identification and management of metastatic prostate cancer patients with DNA repair gene alterations in the Canadian context.

- * Olaparib is the first Health Canada approved agent in metastatic prostate cancer to use a companion diagnostic to identify alterations in BRCA1, BRCA2, or ATM. As Olaparib is introduced, clinicians must learn to access and interpret germline and somatic next-generation sequencing (NGS) results, and how to manage affected patients who appear to have distinct clinical features.
- * November 2021

Biomarkers of Response to Neoadjuvant Androgen Deprivation in Localised Prostate Cancer

- * Prostate cancer is the second leading cause of cancer deaths in men. Attempts to improve patient outcomes include trials of neoadjuvant androgen deprivation therapy for patients with high-risk disease. Neoadjuvant treatment refers to androgen deprivation therapy that is administered prior to surgery (or radiation therapy). Patients typically respond well to this treatment regimen, showing a decrease in tumour size, but a significant proportion of patients eventually relapse and progress to metastatic disease.
- * December 2021

For Family and Care Givers:

Predictors of prostate cancer outcomes in Saskatchewan

- * Prostate cancer (PCa) is one of the leading causes of cancer mortality and incidence in Canada. Saskatchewan has one of highest mortality and incidence rates in Canada, and this doctoral research explores possible reasons for the higher mortality and incidence rates in Saskatchewan compared to the other provinces.
- * December 2021

Other Reading:

Happy New Year fellow PROSTAID Calgary members. I hope you are well and finding time to enjoy the days in these socially limiting times.

Lately I've been volunteering with Alberta Health Services as a patient advisor with the Calgary urology group. Our focus is to look at patient wait times from the family doctor to an appointment with a urologist. While I'm happy to discuss this further, my reason for writing now is to suggest some reading to lighten your days.

The author is Canadian Terry Fallis who is a two-time winner of the Stephen Leacock Memorial Medal for Humor.



While I recommend all his books, there are three that deal with a former political strategist and his friend an engineer who must teach English to engineering students. It's these that I think you'd enjoy.

The books in order are (and it's the best way to read them) The Best Laid Plans (2008), The High Road (2010), and Operation Angus (2021).

There are many reviews of Fallis' books. Here's one from CBC's Radio host Tom Allen. "The Best Laid Plans is amusing, enlightening, and Canadian, and it deftly explores the Machiavellian machinations of Ottawa's political culture. Wicked political satire."

Stay well and happy reading.

Cheers, David Lunn, Past President.

dlunn@shaw.ca

Videos:

[A Step Towards Personalized Medicine: PSMA PET Imaging in Prostate Cancer Videos](#)

- * Series of five video lectures from UroToday
- * January 2021

[DIY Combat Manual for Beating Prostate Cancer: Part 1 | PCRI 2021](#)

- * Dr. Eugene Kwon of the Mayo Clinic in Rochester, Minnesota is a physician who defies categorization. While he is considered a urologist, his skills go far beyond surgery and into imaging to immunology. Here, he presents his "DIY Combat Manual For Beating Prostate Cancer" with a special emphasis on imaging for prostate cancer.
- * December 2021

[DIY Combat Manual for Beating Prostate Cancer: Part 2](#)

- * Dr. Kwon continues his presentation
- * December 2021

PROSTAID Calgary On-Line



Thank you to our Sponsors and Community Partners

