

### <u>The Digital Examiner</u> <u>www.prostaidcalgary.org</u>

"Issue #284" June 2023

### **Annual General Meeting**

Join us Tuesday June 13th for our Annual General Meeting which will be at the Danish Canadian Club (727 11 Ave SW, Calgary) starting at 7 pm and doors open at 6:30. There will be an assortment of hot & cold appetizers and refreshments provided as well as a cash bar. We need to know how many people are planning to come so we can inform the caterer by June 8th.

Please RSVP To Richard at program.director@prostaid.org

#### What's New With Prostaid Calgary

Our April meeting at our new location, CKE Community Centre, located at 73rd Avenue and Elbow Drive SW, was very well attended with over 20 inperson guests enjoying a very informative message from our guest, Hal Eagletail.

We then followed up with a great meeting in May. There were about 20 in person guests and another dozen guests online to watch Dr. Tarek Bismar's virtual presentation. Dr. Bismar was able to answer questions afterwards and it was another first for PROSTAID Calgary.

The Wives, Partners & Caregivers group and Warriors groups met socially over some pizza and reminisced about Pizza lunches of the past.

They then had time to meet separately in their respective rooms.



### **Donate Today**

PROSTAID Calgary is a registered charity that relies on the generosity of its members, supporters and friends to achieve its goals. Tax receipts are issued for all amounts over \$20.00.

Your donations are used to support our monthly journal (the Digital Examiner), our free online video library, our website, our outreach programs and general awareness.

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Connect With Us

### **Support Groups**

Frank Altin Warriors faltin@telusplanet.net Wives, Partners & Caregivers Newly Diagnosed info@prostaid.org

Meeting Info Here

### **Upcoming Events**

#### **July**

"Even though there is not a General Meeting July 19th, we would like to invite the Warriors and Wives Partners & Caregivers to join us for a picnic at CKE Community Centre starting at 6:30. Enjoy some food and fellowship followed by the separate group sharing and support."

#### **August**

We have just confirmed Dr. Desmond Pink for our August 16th presentation.

Dr. Pink is the lead researcher in the development and validation of the Nanostics diagnostics platform and has considerable expertise in scientific team management, biochemistry, protein synthesis, and experimental therapeutics.

Volunteers are needed! We're putting together a volunteer list for our Casino Fundraiser Event scheduled for October 2nd and 3rd.

We have a brand new Casino this year, Ace Casino Airport. We are looking for volunteers for both days to fill the 1st shift from 11am-7:30pm and 2nd shift from 7pm-3:15am. There are also positions available in the Count room both days from 11:15pm-3:30am.

Contact Richard for more info at

program.director@prostaid.org

**Articles Of Interest** 

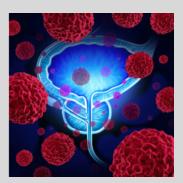


### **Enzalutamide Ups Metastasis-Free Survival in nmHSPC**

Combination treatment with enzalutamide with leuprolide is associated with improved metastasisfree survival compared with leuprolide therapy alone in patients with nonmetastatic hormonesensitive prostate cancer (nmHSPC).

May 2023
Renal & Urology News

**Enzalutamide** 

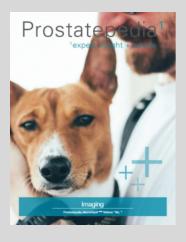


### Improving immune responses in prostate cancer

In the current study, in an attempt to activate prostate cancer-killing immune cells, investigators at Johns Hopkins Hospital administered enoblituzumab to 32 men with high-risk prostate cancer prior to prostatectomy.

May 2023
Urology Times

**Immunotherapy** 



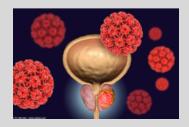
#### **MRI** Guided Biopsies

This issue focuses on two major advances in imaging that should both have major impacts on the care men with prostate cancer receive.

April 2023

Prostatepedia

**Imaging** 



# FDA panel recommends limiting potential approval of olaparib/abiraterone to frontline BRCA+ mCRPC

The FDA's Oncologic Drugs Advisory Committee (ODAC) voted 11 to 1 recommending approval of olaparib (Lynparza) for use in combination with abiraterone acetate (Zytiga) and prednisone or prednisolone for the first-treatment of adult patients with BRCA-mutated metastatic castration-resistant prostate cancer (mCRPC).

May 2023
Urology Times

**BRCA+ mCRPC** 

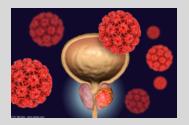


### **Updated Findings Spur Excitement In nmCRPC, mHSPC, mCRPC**

"There's excitement that when physicians see the target, there's a drug to get to the target--there's a sense of satisfaction with that," Elisabeth Heath, MD, FACP, said. "The world of genomic sequencing has changed what we do.

May 2023 OncLive

Spur Excitement



### Adding short-term ADT to doseescalated RT does not improve survival in prostate cancer

Findings from the phase 3 NRG Oncology/Radiation Therapy Oncology Group (RTOG) 0815 study (NCT00936390) showed that adding short-term androgen deprivation (STAD) to dose-escalated radiotherapy did not improve overall survival (OS) in patients with intermediate-risk prostate cancer; however, the addition of STAD did improve secondary end points, including metastases rates, prostate cancer-specific mortality, and PSA failure.. May 2023 Urology Times

**Adding ADT** 

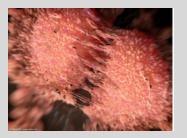


## Nivolumab Plus Brachytherapy/ADT Improves Disease Control in Grade Group 5 Prostate Cancer

Findings presented at the 2023 AACR Annual meeting showed that nivolumab plus HDR brachytherapy and ADT led to an 88% reduction in the 2-year risk of distant metastasis compared with historical control arms treated with standard-of-care therapy alone
May 2023
Onclive

**Brachytherapy/ADT** 

**Newly Diagnosed** 



## Bone biomarkers found to be prognostic for overall survival in prostate cancer

Recent data from the randomized phase 3 SWOG S1216 study show that high levels of certain bone turnover biomarkers are associated with earlier mortality in men newly diagnosed with hormonesensitive prostate cancer (HSPC).

May 2023
Urology Times

**Bone Biomarkers** 



### Dr. Bradley Gill on key BPH research from AUA 2023

In this video, Bradley Gill, MD, MS, recaps several presentations on benign prostatic hyperplasia from the 2023 American Urological Association Annual Meeting in Chicago, Illinois.
May 2023
Urology Times

**BPH Research** 

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Read more articles below









### For Caregivers & Families



## When a Loved One has Cancer - Ten Ways to Support Someone with a Cancer Diagnosis

Family and friends of people with a cancer diagnosis often feel powerless in the heart-felt attempts to be supportive. Oncologist Rob Rutledge offers the background and practical advice about how to support people affected by cancer.

September 2022
Canadian Cancer Survivor Network

Support

### **Articles For Everyone**



Link Between PSA Response and Survival Outcomes Supports Use of Darolutamide Plus ADT/Docetaxel as a SOC in mHSPC

Fred Saad, MD, FRCS, expands on the relationship between PSA responses and survival outcomes in the ARASENS trial, explained the use of 0.2 ng/mL as a standard cut off for undetectable PSA within this exploratory analysis, and discussed how this study elucidates future directions for research with triplet regimens in mHSPC.

May 2023 OncLive

**PSA Response** 



### **Newly Identified Prostate Cancer Subtypes May Respond Differently to Treatment**

Researchers say they have identified 4 subtypes of prostate cancer with distinct biological and clinical features, and these subtypes may respond differently to treatment.

May 2023

Renal & Urology

**Respond Differently** 

#### **New Videos**



## PSA Response and Time to PSA Progression With Abiraterone Acetate and Olaparib in mCRPC

Primary results from the phase 3 PROpel trial (NCTo3732820) demonstrated improved radiographic progression-free survival with the combination of abiraterone acetate and olaparib compared with abiraterone acetate alone as frontline therapy in all-comers with mCRPC (HR, 0.66, 95% CI, 0.54-0.81; P<.001).

May 2023
OncLive

**PSA Response** 



### How Does Prostate Cancer Spread to the Bones? | Spot & Injectable Radiation

Medical oncologist Mark Scholz, MD, goes into more depth about the newest scans and treatments available for men with advanced prostate cancer. He describes the various contexts in which any one of these treatments would or would not be included in a patient's treatment plan, and some of the factors involved in fine-tuning each patient's upfront treatment to maximize the odds of achieving a long, durable remission. April 2023 PCRI

**Spot & Injectable Radiation** 

### Treatment and Research Considerations for Basal Cell Carcinoma of the Prostate

Dr Haffner explained distinguishing features between basal cell and adenocarcinoma of the prostate, findings from a genomics study of basal cell prostate carcinoma, and the challenges that arise when diagnosing and treating patients with this rare disease.

May 2023 OneLive



Listen To The Podcast Here

### **Sexuality after Prostate Cancer**

Tom Baker Cancer Center Nurse Practitioner Reanne Booker comes back for another arousing discussion about the sexual realities and outcomes after prostate cancer. She gives a good overview of how prostate cancer treatments affect male sexual function and then goes to describe in detail the available options. Prostaid Calgary



Watch Video Here

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