



The Digital Examiner Issue #315 May 2026

**May 20th Guest Sandra Scott
Caregivers Alberta**

Clarity and direction. Help is available for all stages of caregiving



With a robust background in community development and program coordination, my journey at Carya has been marked by the creation of enriching programs for seniors and a dynamic volunteer initiative. At the core of my work lies a commitment to fostering community connections and enhancing the quality of life for older adults. Success at Carya has been defined by establishing the Village Commons as a key hub for senior engagement and volunteerism.

Caring for Caregivers

Many people don't see themselves as caregivers—they're simply helping someone they love. Caregivers Alberta provides tools, support, and resources to empower them at every stage.

Whether just starting out or years into the journey, caregivers can find understanding, connection, and peer support when they need it most.

Meetings Information



All of our monthly General meetings are held on the third Wednesday of every month

Location for in person is:

CKE Community Centre (1015 73 Ave SW, Calgary, AB)

If you are unable to attend in person we offer a Zoom option as well.

Sign up [HERE](#) to join us online



Next Meeting Details:

Wednesday, May 20th at CKE Community Center

6:00 The warriors and wives, partners and caregivers in their designated areas.

7:00 pm Everyone is welcome in the main hall for social gathering time.

7:30 pm General Meeting and feature presentation.

Ongoing Events

Reminder to all of our Warriors that our next pizza lunch at Bella Roma Pizza in Lakeview is scheduled for Tuesday May 5th starting at 11:30 am.

Confirm your attendance and don't forget to bring \$20 to help cover the cost.

RSVP jim.richardson@telus.net

Bella Roma Pizza #17 6449 Crowchild Tr. SW.



Do you know somewhere we should be?

Every day, 76 men in Canada hear the words "you have prostate cancer."

Many of them had no idea they were at risk -- because no one ever told them.

That's exactly why we show up at community events, workplaces, and local gatherings. Not to sell anything. Just to share trusted information and

connect with men and families before a diagnosis changes everything. If you know of a group, event, or workplace that could use what we do -- we would love to be there.

A lunch-and-learn. A community fair. A men's group. A sports club. If people gather there, we can help.

Reach out to Richard at info@prostaid.org and let's make it happen.

Upcoming June 3 Prostaid Calgary AGM



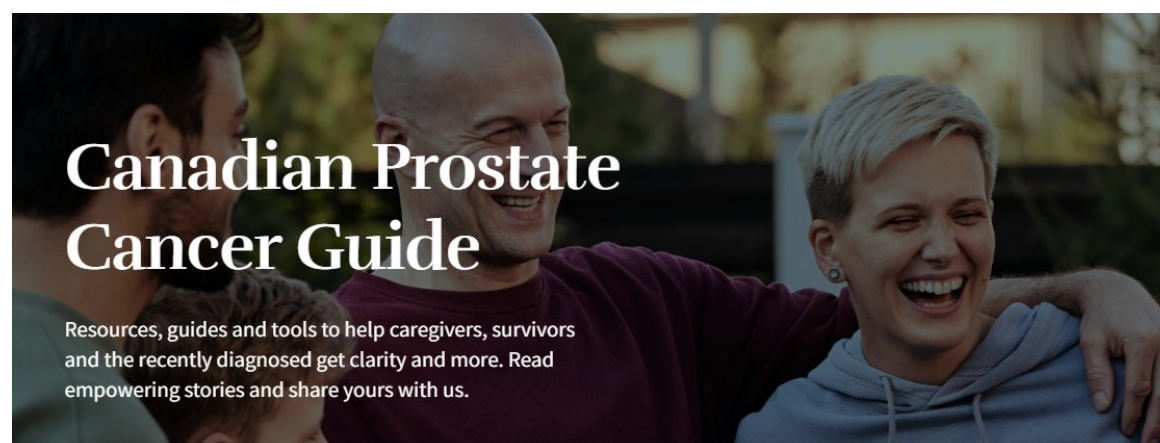
Our Annual General Meeting is a moment to come together as a community, to reflect, share, and look ahead with hope.

Join us for PROSTAIID Calgary's 2026 Annual General Meeting. Hear how, together, we are supporting men and families, growing our impact, and reaching more people with education, awareness, and connection.

Check your inbox for your special invitation and RSVP details coming soon.

Your voice matters, and your presence helps shape the path forward.

We hope you will join us.



Bringing you the most up to date information in treatments, support, well-being, and more all in one place

We can help you in achieving the support you're looking for. On the Canadian Prostate Cancer Guide website you can look to find the most up to date information on prostate cancer in one place.

[LEARN MORE HERE](#)

Upcoming Events This Month

May 5th Warriors Lunch 11:30 Bella Roma

May 14th Prostaid BOD Meeting 10:30am-12pm CKE

May 20th General Meeting 6pm CKE With Sharon Scott from Caregiver Alberta



Connect With Us

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President

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Support Groups

Jim Richardson

Warriors

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Cheryl Wheat: Wives, Partners & Caregivers

cherriwh@yahoo.ca



Why donate to PROSTAID Calgary

A prostate cancer diagnosis affects more than one person. It affects families, partners, and caregivers too.

Your donation ensures no one in our community has to face that moment alone.

PROSTAID Calgary provides free peer support, trusted education, and real guidance from people who have lived this journey. We help men understand their options, support caregivers who are carrying the weight quietly, and promote early detection so fewer families are caught off guard. Your gift stays local.

It keeps our programs free

It turns fear into clarity and isolation into community.

Together, we remind people they are not alone.

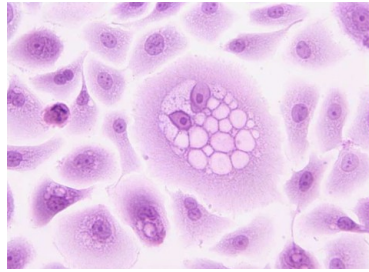
[Donate Here Today](#)



ClarityDX Prostate is an Alberta-developed, machine-learning blood test, based on research at the University of Alberta since 2012, that combines clinical data and biomarkers to identify men who truly need prostate cancer intervention while safely ruling out low-risk cases. It could prevent up to 50% of unnecessary biopsies, reduce urology wait times, and improve care. Internationally validated in studies of more than 3,500 men, it is now part of

a Genome Canada–supported national study, with the Institute of Health Economics estimating \$8 million in annual healthcare savings across Canada.

[LEARN MORE HERE](#)

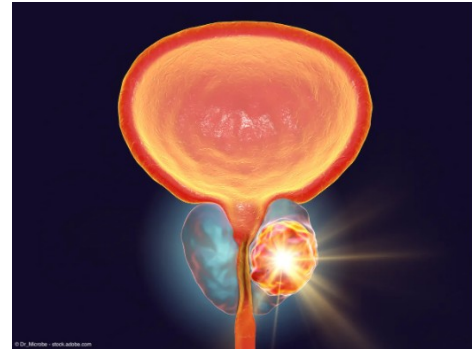


A major cancer protein hijacks RNA editing, exposing a new weakness in prostate tumors

Northwestern Medicine scientists have uncovered an unexpected role for a well-known cancer-related protein, revealing a new layer of genetic regulation that could reshape how certain cancers are treated.

[LEARN MORE HERE](#)

MedicalXpress-04/2026

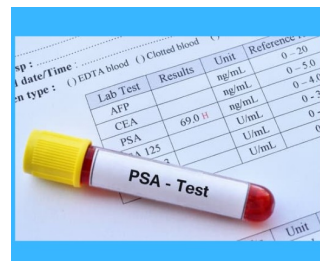


BULLSEYE: 177Lu-PSMA-617 may delay disease progression in oligometastatic HSPC

Treatment with 177Lu-PSMA-617 may durably delay disease progression compared with deferred ADT in men with oligometastatic hormone-sensitive prostate cancer.

[LEARN MORE HERE](#)

UrologyTimes-04/2026



Study finds prostate cancer overdiagnosis rises sharply with age

The findings suggest that prostate cancer screening and PSA testing is more appropriate for men in their 50s and early 60s, as there are likely to be low levels of overdiagnosis in this group.

[LEARN MORE HERE](#)

Medicalxpress-04/2026



Clinical trial finds hormone patches effective in locally advanced prostate cancer

Hormone patches are as good at controlling locally advanced prostate cancer as the injections typically used to deliver hormone therapy, according to the results of a large clinical trial led by UCL (University College London) researchers.

[LEARN MORE HERE](#)

MDLinx-04/2026



Trial launches of Edison Histotripsy System for benign prostatic hyperplasia

We believe histotripsy’s ability to mechanically destroy targeted tissue, completely non-invasively, has the potential to transform how BPH is treated. In addition, this milestone represents significant progress in our pursuit to expand the unique benefits of histotripsy over a significant number of serious clinical conditions throughout the body

[LEARN MORE HERE](#)

UrologyTimes-04/2026

New study shows faster recovery with minimally invasive prostate cancer treatment

A recent randomized clinical trial has found that men with localized, intermediate-risk prostate cancer recovered faster and experienced less short-term impact on their daily lives when treated with MRI-guided, transurethral ultrasound ablation (TULSA) compared with robotic prostate surgery.

[LEARN MORE HERE](#)

MedicalXpress-04/2026



Man Van

Join us in raising awareness and encouraging PSA testing for men.

The MAN VAN® is Canada’s first mobile men’s health clinic offering FREE PSA (Prostate Specific Antigen) blood testing used for early detection of prostate cancer.

[MAN VAN TRACKER HERE](#)

You will be redirected from this page

Thank you to our Sponsors and Community Partners

Disclaimer: The PROSTAID Calgary Society website & newsletter provides news and information about prostate issues and activities of the organization. While information is presented about prostate cancer and related issues, it is not intended as a substitute for professional medical advice, diagnosis, or treatment. PROSTAID Calgary Society recommends that you seek the advice of your physician or other qualified health professionals regarding questions you may have about any medical condition. Topics on PROSTAID Calgary Society’s website & newsletter are presented to inform you and we encourage you to seek professional medical advice before starting any treatment.

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