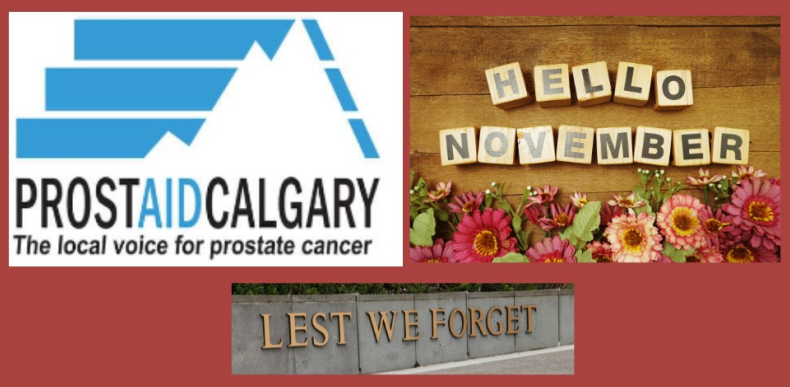


The Digital Examiner Issue #321 November 2026

November 18th Guest Speaker

Desmond Pink

Beyond the PSA Result: A Nanostics Research Update



Dr. Desmond Pink, Co-Founder and Chief Scientific Officer at Nanostics. Dr. Pink leads scientific research and development, and the Clinical Laboratory at Edmonton-based Nanostics Inc., and co-leads development of ClarityDX Prostate, an AI-powered blood test that combines PSA with clinical details to predict the risk of aggressive prostate cancer before biopsy

Desmond returns to PROSTAID Calgary with an update on ClarityDX Prostate. Building on his previous talks, he'll explain how researchers move from proving a test is accurate to understanding how it shapes decisions about imaging, biopsy and follow-up. He'll introduce the randomized clinical utility study, including what its interim analysis can and can't tell us, and focus on what matters most to patients and families: clearer next steps, the right investigations, and timely detection of significant cancers.

He believes that behind every elevated PSA is a man, and often a family, facing uncertainty and fear, and that better risk assessment should catch aggressive cancers early while sparing others unnecessary procedures.



Join Our Board: Prostaid Calgary Needs You Now

Prostaid Calgary is growing faster than ever, and we need new leaders on our Board of Directors.

Every day, more men and families in Calgary hear the words "you have prostate cancer." Since our founding, over 30 years ago, Prostaid Calgary has been there for them with education, peer support, and advocacy. Demand for our programs is rising, and and in order to meet this increased demand we need volunteer directors. We're filling vacant board seats now, and we need people ready to step up.

We're looking for people who bring:

- **A real commitment to men's health and community impact**
- **Skills in finance, fundraising, healthcare, marketing, law, or nonprofit governance**
- **A few hours a month for meetings and strategic decisions**
- **A collaborative spirit and a willingness to learn**

What you'll gain:

- **A direct way to change outcomes for men and families in our community**
- **Hands-on experience in nonprofit leadership and governance**
- **A place on a committed, mission-driven team**
- **The chance to see the difference your work makes, right away**

You don't need board experience. Your first board role is welcome here. Lived experience with prostate cancer, your own or a loved one's, is valued but not required.

Don't wait. Email info@prostaid.org today to request our board role description and learn what's involved.

Men in our community can't afford to wait for support, and neither can we. Your time and talent could help us reach more men, sooner. Reach out today.

Meetings Information





All of our monthly General meetings are held on the third Wednesday of every month

Location for in person is:

CKE Community Centre (1015 73 Ave SW, Calgary, AB)

If you are unable to attend in person we offer a Zoom option as well.

Sign up HERE to join us online

Next Meeting Details:

Wednesday, November 18th at CKE Community Center

6:00 The warriors and wives, partners and caregivers in their designated areas.

7:00 pm Everyone is welcome in the main hall for social gathering time.

7:30 pm General Meeting and feature presentation.

Save the Date: The 2026 Pathfinders Award



Mark your calendar for Wednesday, December 2nd at The Grey Eagle Conference Center. Join us as we celebrate the people who lead the way.

Keep an eye on your inbox: your special invitation and all the event details are on their way!

Do you know about our warriors lunch meetings?



🍽️ Join Us for Warriors Lunch!

Mark your calendars — our Warriors Lunch meets on the first Tuesday of every month! This is a great chance to connect, share a meal, and catch up with fellow Warriors in a relaxed, casual setting.

🗓️ When: November 3rd

🕛 Time: Starting at 11:30

📍 Where: Bella Roma Pizza #17 6449 Crowchild Tr. SW

Whether you're a longtime regular or joining us for the first time, all Warriors are welcome. Come hungry, come ready to connect!
Confirm your attendance and don't forget to bring $20 to help cover the cost. RSVP jim.richardson@telus.net
We can't wait to see you there!

Where Should We Go Next?



Thanks for Being Part of the Seniors Health Fair at Centre Street Church

Thank you again for partnering with us as a booth host at the Seniors

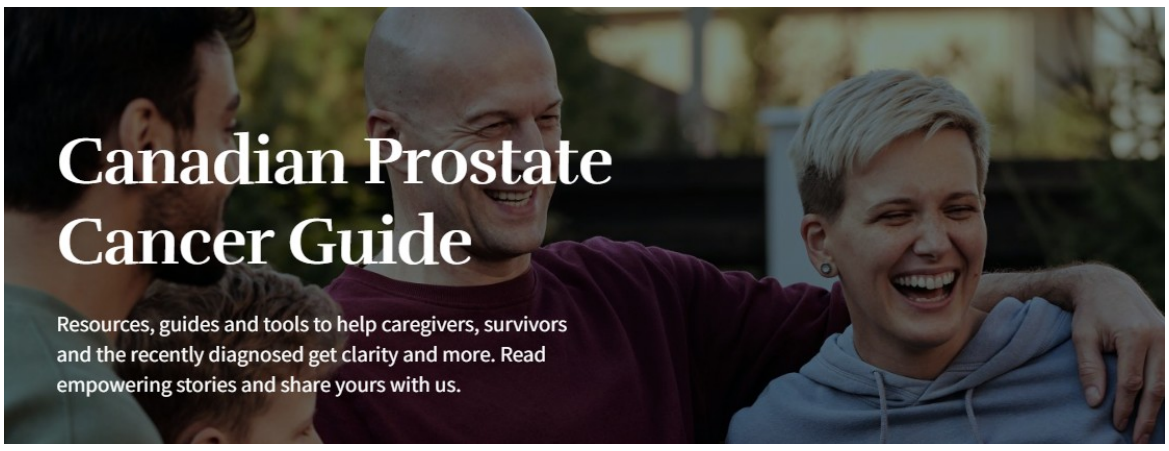
Health Fair. We're excited to spend the day connecting with seniors and community members, and we're grateful to have you there with us.

Events like this one are exactly why we do what we do. Prostate cancer doesn't wait for a diagnosis to start affecting a family. Today alone, about 80 men in Canada will hear those words, and thousands more don't yet know their risk (Canadian Cancer Society).

We can't change that by waiting for people to find us, so we go to them. You'll find us at the Stampeders Tailgate Party, World of Wheels, Century Downs, the Kerby Centre, the Seniors Health Fair at Centre Street Church, and anywhere else people already gather. There's no sales pitch, just honest conversations about risk, prevention and early detection, before they're needed rather than after.

But we can only be in the rooms we know about. That's where you come in. Is there a room we're missing? A lunch-and-learn, a community fair, a men's group, a sports club, a workplace. If people gather there, we'd love to be there too.

Tell Richard about it at info@prostaid.org. One email from you could be the reason a man in your community learns his risk before it becomes a diagnosis.



Bringing you the most up to date information in treatments, support, well-being, and more all in one place

We can help you in achieving the support you're looking for. On the Canadian Prostate Cancer Guide website you can look to find the most up to date information on prostate cancer in one place.

LEARN MORE HERE

Upcoming Events This Month

November 3rd Warriors Lunch 11:30 Bella Roma

November 18th Prostaid Calgary General Meeting

PROSTAIDCALGARY
The local voice for prostate cancer
www.ProstaidCalgary.org

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The local voice for prostate cancer
www.ProstaidCalgary.org

Connect With Us

Phone 403 455 1916 info@prostaid.org

Brad Sterling

President

president@prostaid.org

Support Groups

Jim Richardson

Warriors jim.richardson@telus.net

Cheryl Wheat: Wives, Partners & Caregivers

cherriwh@yahoo.ca



Less than a coffee & doughnut. That's it.

When was the last time you grabbed a coffee and a doughnut?

Maybe this morning, on the way to work. It's such a small thing that you probably didn't think twice about spending $10 on it.

Here's what we're hoping you'll think twice about: that same $10 a month keeps trusted prostate cancer information within reach for men and families across Calgary, so no one has to search for answers alone.

That's the power of monthly giving. Not more, just steady. One coffee and doughnut a month, redirected, gives us support we can count on, so we can plan ahead instead of scrambling.

Will you become a monthly donor for $10 or more?

It takes less time than standing in line for that coffee. Choose your amount, and change or cancel anytime.

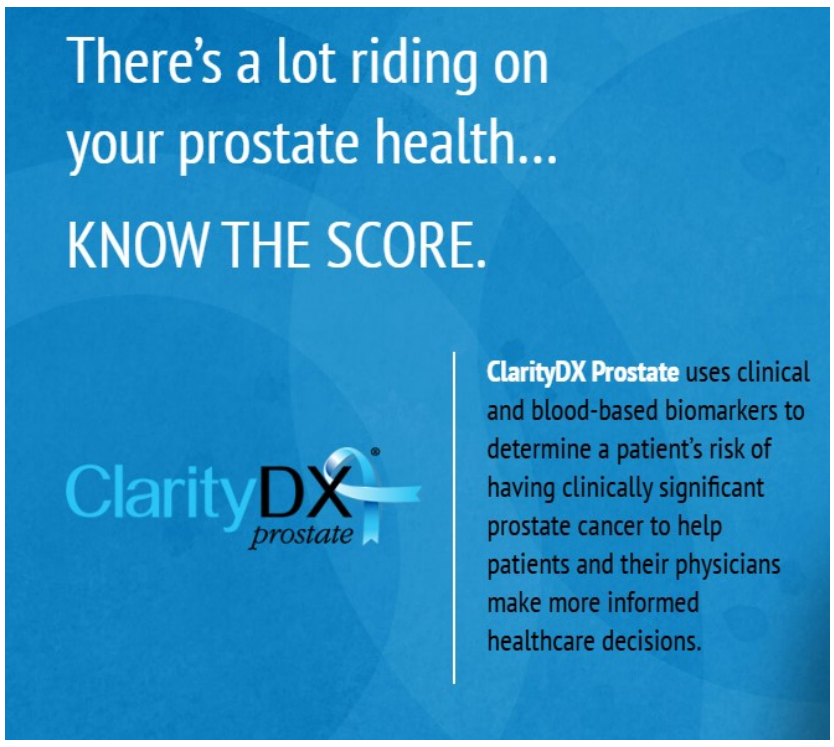
Picture a year from now: twelve months of clear, reliable prostate cancer information for the men and families who need it, because you said yes today.

Become a $10 Monthly Supporter Here

Thank you for considering it.

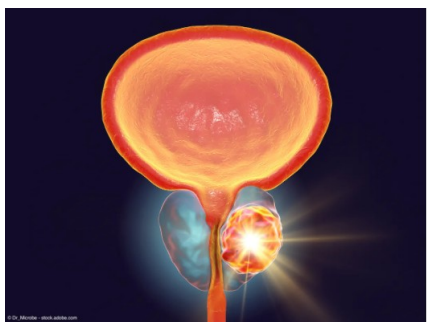
P.S. You don't have to give up your coffee and doughnut. Just match it, once a month. That's the whole ask.

Become A Monthly Donor Today



ClarityDX Prostate is a machine-learning blood test developed in Alberta, built on research conducted at the University of Alberta since 2012. By combining clinical data with biomarkers, it helps identify which men genuinely need intervention for prostate cancer while safely screening out those at low risk. The test has the potential to eliminate up to half of unnecessary biopsies, ease wait times for urology care, and enhance overall patient outcomes. Having undergone international validation in studies involving over 3,500 men, ClarityDX Prostate is now included in a national study backed by Genome Canada, and the Institute of Health Economics projects it could save Canada's healthcare system $8 million each year.

LEARN MORE HERE



VIR-5500 Receives FDA Fast Track Designation for Late-Line Metastatic CRPC

The FDA has granted fast track designation to VIR-5500, a prostate-specific membrane antigen (PSMA)-targeted PRO-XTEN® dual-masked



Targeted radioactive therapy may help delay spread of recurrent prostate cancer

Adding the targeted radioactive drug 177Lu-PNT2002 to stereotactic body radiation therapy, or SBRT, may help keep recurrent prostate

T-cell engager (TCE), for the treatment of late-line metastatic castration-resistant prostate cancer (CRPC), according to a news release from the developer, Vir Biotechnology.

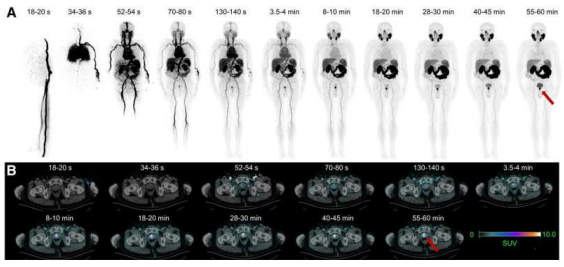
LEARN MORE HERE

Cancernetwork-10/2026

cancer under control longer than SBRT alone, according to new research led by investigators at the UCLA Health Jonsson Comprehensive Cancer Center.

LEARN MORE HERE

MedicalXpress-10/2026



PSMA PET/CT-targeted biopsy improves detection of clinically significant prostate cancer

A negative or unclear MRI does not completely rule out clinically significant prostate cancer. As a result, some men may undergo repeated or extensive biopsies, while relevant tumors may still be missed.

LEARN MORE HERE

Medicalxpress-10/2026

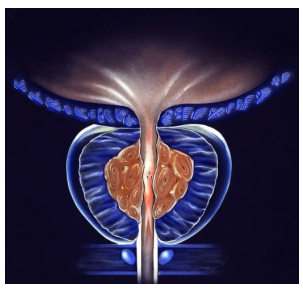


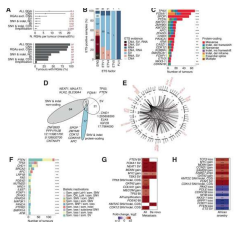
More men living longer with incurable prostate cancer, report finds

In this study, researchers found the risk of death from prostate cancer dropped by almost a quarter (24%) in the seven years from 2015 to 2022, amounting to thousands more men living longer now compared with 10 years ago.

LEARN MORE HERE

MedicalXpress-10/2026





Decision Regret and Patient Satisfaction after TURP and Rezūm for Benign Prostatic Obstruction:

The expanding range of procedural options for benign prostatic obstruction has made treatment selection increasingly dependent on patient preferences. Transurethral resection of the prostate (TURP) remains a reference procedure because of its established and durable functional outcomes, whereas Rezūm™ offers a less

Genomic cancer driver study reveals new clues to why some prostate cancers become aggressive

Why do some prostate cancers grow slowly for years, while others progress quickly to life-threatening metastatic disease? An international team of researchers co-led by the Ontario Institute for Cancer Research (OICR) and the University of Copenhagen has uncovered new

invasive alternative that may better preserve sexual function and facilitate recovery.

LEARN MORE HERE

URO Today-10/2026

clues in the genomes of prostate cancers.

LEARN MORE HERE

Medicalxpress-10/2026



Man Van

Join us in raising awareness and encouraging PSA testing for men.

The MAN VAN® is Canada's first mobile men's health clinic offering FREE PSA (Prostate Specific Antigen) blood testing used for early detection of prostate cancer.

MAN VAN TRACKER HERE

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